

Schedule for The Lebanon Channel, 3/1/10-3/7/10							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TIME							
7:00AM	Army Newswatch	Army Newswatch	Army Newswatch	Army Newswatch	Army Newswatch	Army Newswatch	Army Newswatch
7:30AM	Wild Ohio	Wild Ohio	Wild Ohio	Wild Ohio	Wild Ohio	Wild Ohio	Wild Ohio
8:00AM	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus
8:30AM	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One
9:00AM	Building Business	Building Business	Building Business	Building Business	Building Business	Building Business	Building Business
9:30AM							
10:00AM		The Sports Show	The Sports Show	The Sports Show	The Sports Show		
10:30AM		"	"	"	"		
11:00AM	The City Show	The City Show	The City Show	The City Show	The City Show	The City Show	The City Show
11:30AM	"	"	"	"	"	"	"
NOON							
12:30PM							
1:00PM	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One
1:30PM	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus
2:00PM	Building Business	Building Business	Building Business	Building Business	Building Business	Building Business	Building Business
2:30PM							
3:00PM							
3:30PM							
4:00PM	The City Show	The City Show	The City Show	The City Show	The City Show	The City Show	The City Show
4:30PM	"	"	"	"	"	"	"
5:00PM		The Sports Show	The Sports Show	The Sports Show	The Sports Show		
5:30PM		"	"	"	"		
6:00PM	The Sports Show						
6:30PM	"						
7:00PM							
7:30PM	Building Business	Building Business	Building Business	Building Business	Building Business	Building Business	Building Business
8:00PM	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One	Workforce One
8:30PM	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus	Fitness Focus
9:00PM	Wild Ohio	Wild Ohio	Wild Ohio	Wild Ohio	Wild Ohio	Wild Ohio	Wild Ohio
9:30PM	The City Show	The City Show	The City Show	The City Show	The City Show	The City Show	The City Show
10:00PM	"	"	"	"	"	"	"
10:30PM	The Sports Show	The Sports Show	The Sports Show	The Sports Show			
11:00PM	"	"	"	"			
11:30PM							
MIDNIGHT							